

Exodus 20:8–11 “Remember the Sabbath day, to keep it holy. [9] Six days you shall labor, and do all your work, [10] but the seventh day is a Sabbath to the LORD your God. On it you shall not do any work, you, or your son, or your daughter, your male servant, or your female servant, or your livestock, or the sojourner who is within your gates. [11] For in six days the LORD made heaven and earth, the sea, and all that is in them, and rested on the seventh day. Therefore the LORD blessed the Sabbath day and made it holy.” (ESV)



How to Endure in Suffering: Sabbath Rest Jeremiah 17:14-27 (ESV)

Jeremiah 17:14 “Heal me, O LORD, and I shall be healed”

1. Who do you go to for healing? How do you cope with hurts?

Jeremiah 17:14 “save me, and I shall be saved”

2. Who do you cry to for help? How do you try to get out of your troubles?

Jeremiah 17:14 “for you are my praise”

3. Who do you enjoy most? What do you celebrate? Value?

Jeremiah 17:15 “Behold, they say to me, ‘Where is the word of the LORD? Let it come!’”

4. How does the enemy attack you? Taunt you? Stress you?

Jeremiah 17:16 “I have not run away from being your shepherd, nor have I desired the day of sickness. You know what came out of my lips; it was before your face.”

5. How does your life model faithfulness? In what areas can you improve?

Jeremiah 17:17–18 “Be not a terror to me; you are my refuge in the day of disaster. Let those be put to shame who persecute me, but let me not be put to shame; let them be dismayed, but let me not be dismayed; bring upon them the day of disaster; destroy them with double destruction!”

6. In your days of suffering, are you trusting God dependently?

2020 Bible Reading Plan: The New Testament!!!
Will you join us? IN FELLOWSHIP WITH SOMEONE?
Week #36: 1 Peter 3-5, 2 Peter 1-2

J_____ of Sabbath Rest

1. O_____ to Hear God Clearly & Accurately

Jeremiah 17:20 "Hear the word of the LORD"

2. Hearts Changed to Repent, Believe, and Obey

Jeremiah 17:24 "But if you listen to me, declares the LORD"

3. Rest & Refocus on Our Main P_____ in Life

Jeremiah 17:24 "bring in no burden by the gates of this city on the Sabbath day, but keep the Sabbath day holy and do no work on it"

4. Eternal Joy in God's Protection & Provision

Jeremiah 17:25 "this city shall be inhabited forever"

5. The Blessings of Grateful G_____

Jeremiah 17:26 "bringing thank offerings to the house of the LORD."

C_____ of Not Prioritizing God

Jeremiah 17:27 "But if you do not listen to me, to keep the Sabbath day holy, and not to bear a burden and enter by the gates of Jerusalem on the Sabbath day, then I will kindle a fire in its gates, and it shall devour the palaces of Jerusalem and shall not be quenched."

1. Confusion & Deception

2. Hardened & Selfish Hearts

3. Distracted & Wasted Living

4. Turbulent & Troubled Times

5. The Pain of Discipline or Judgment

Common Questions

What if I have to work on Sunday?

P_____ = Work 6 , Rest 1

What does Sabbath rest look like?

PRAISE = God-Centered not Self-Centered

Do I Have to Go to Church to Go to Heaven?

P_____ = Our Priorities Evidence Our Heart
"Get To" NOT "Have To" - Prioritize Who We Love

5 Steps for More Sabbath Joy

Don't Miss Out! You NEED This Gift!

1. Commit & Protect Your Sundays

Starts on Saturday - Evaluate Commitments - Face to Face when Possible

2. See God More C_____.

It's All about Him

3. Rest Don't Rush

Arrive Early - Leave Late - Eliminate Distractions - Dedicate Your Day - Slow Down - Don't Overcommit

4. Committed Covenant M_____.

Relate, Serve, Witness, Pray, Grow, Give, Go
Don't Miss Out - The Body of Christ

5. Continually Enjoy Jesus - Every Day

Devotions - Prayer - Worship - Creation - Work - Marriage - Family - Friends - Recreation

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Joys of Sabbath Rest

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Consequences of Not Prioritizing God

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