

The Solution to Ingratitude? Be Constant In Gratitude

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Hebrews 12:28–29 “Therefore let us be grateful for receiving a kingdom that cannot be shaken, and thus let us offer to God acceptable worship, with reverence and awe, [29] for our God is a consuming fire.” (ESV)

1. Gratitude In Worship - About God - Worship His Name, His Works, His Character

- Psalm 9:1–2 “I will give thanks to the LORD with my whole heart; I will recount all of your wonderful deeds. [2] I will be glad and exult in you; I will sing praise to your name, O Most High.”

2. Gratitude In Action - Towards God - Give Your Thoughts, Time, Talents, Treasures

- Psalm 54:6 “With a freewill offering I will sacrifice to you; I will give thanks to your name, O LORD, for it is good.”

3. Gratitude Expressed - Towards Others - Share the Gospel Love

- Psalm 107:1 “Oh give thanks to the LORD, for he is good, for his steadfast love endures forever!”

When will you be more grateful?

Where will you be more grateful?

How will you be more grateful?

Who will you be more grateful to?

Who/what will you be more grateful for?

Connect with Jesus by Reading the Bible with Us!

- **Hope & Purpose in Jesus:** www.southfork.church/jesus
- **Daily Verse by Text Message:** remind.com/join/sfbcdevo
- **Our Plan:** www.southfork.church/2021-bible-reading-plan

Be Grateful!

Election Day -> Veteran’s Day -> Thanksgiving

When are the top 3 places do you find yourself complaining the most?

(Examples: morning, evening, hangry, news, working)

1. _____ 2. _____ 3. _____

Where are the top 3 places you complain?

(Ex: home, work, online, phone, journal, mind, couch)

1. _____ 2. _____ 3. _____

How do you most often complain?

(Examples: facial expression, body language, direct words, indirect words, texting, mental sulking/stewing, etc.)

1. _____ 2. _____ 3. _____

Who are the top 5 people you complain to?

(be specific)

1. _____ 2. _____ 3. _____

4. _____ 5. _____

Who/what do you most often complain about?

1. _____ 2. _____ 3. _____

4. _____ 5. _____ 6. _____

7. _____ 8. _____

9. _____ 10. _____

Check your heart, mind, mouth, and soul

Philippians 2:14–16 “Do all things without grumbling or disputing, [15] that you may be blameless and innocent, children of God without blemish in the midst of a crooked and twisted generation, among whom you shine as lights in the world, [16] holding fast to the word of life, so that in the day of Christ I may be proud that I did not run in vain or labor in vain.” (ESV)

10 Bible Truths About Gratitude

1) Ingratitude Is an Evidence of Lostness - T_____ Yourself!

- Romans 1:21 “For although they knew God, they did not honor him as God or give thanks to him, but they became futile in their thinking, and their foolish hearts were darkened.”

2) Ingratitude Is Contagious - Avoid Ungrateful People

- 2 Timothy 3:1–5 “But understand this, that in the last days there will come times of difficulty. For people will be ... ungrateful... having the appearance of godliness, but denying its power. Avoid such people.”

3) Ungrateful People Need Jesus - S_____ Loving Kindness to Ingrates

- Luke 6:35–36 “But love your enemies, & do good, & lend, expecting nothing in return, & your reward will be great, & you will be sons of the Most High, for he is kind to the ungrateful and the evil. Be merciful, even as your Father is merciful.”

4) It is OK to Complain TO God - Pray First

- Psalm 142:2 “I pour out my complaint before him; I tell my trouble before him.”

5) Complaining about God Is Not OK - T_____ Him In Your Suffering and Confusion

- Psalm 55:17 “Evening and morning and at noon I utter my complaint and moan, and he hears my voice.”

6) Use the Psalms to Guide Your Complaints - Pray the Psalms

- “And to help us faithfully endure these troubles, God gave us a very precious gift: psalms of lament. ... In these laments the writer pours out to God his sorrow (Psalm 137), anger (Psalm 140), fear (Psalm 69), longing (Psalm 85), confusion (Psalm 102), desolation (Psalm 22), repentance (Psalm 51), disappointment (Psalm 74), or depression (Psalm 88) either because of external evil or internal evil or darkness.” - Jon Bloom

- (www.desiringgod.org/articles/god-wants-you-to-complain)

7) Don't Let Complaints Divide the Church - S_____ the Leadership for Solutions & Volunteer to Help

- Acts 6:1 “Now in these days when the disciples were increasing in number, a complaint by the Hellenists arose against the Hebrews because their widows were being neglected in the daily distribution.”

8) Bitterness Will Eat You Up - Go to the One You Have a Complaint, Reconcile & Forgive

- Colossians 3:12–13 “Put on then, as God's chosen ones, holy and beloved, compassionate hearts, kindness, humility, meekness, and patience, [13] bearing with one another and, if one has a complaint against another, forgiving each other; as the Lord has forgiven you, so you also must forgive.”

9) Government & Courts Can Help & Hurt - Be Slow to Sue & C_____ In Prayer

- 1Cor6:1 “When one of you has a grievance against another, does he dare go to law before the unrighteous instead of the saints?”
- 1 Timothy 2:1–2 “First of all, then, I urge that supplications, prayers, intercessions, and thanksgivings be made for all people, for kings & all who are in high positions, that we may lead a peaceful & quiet life, godly and dignified in every way.”

10) Complaining Isn't Purposed - Learn Together & Seek Wise Counsel

- “What about venting?”, “What about processing?”
- Proverbs 15:22 “Without counsel plans fail, but with many advisers they succeed.”
- Proverbs 20:18 “Plans are established by counsel”

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Complain: “express dissatisfaction/annoyance about something”

Grumble: “to murmur/mutter in discontent; complain sullenly”

Synonyms: accuse, criticize, denounce, disagree, fret, gripe, grumble, lament, moan, object, oppose, protest, bellyache, disapprove, grieve, groan, whine, find fault, make a fuss

Ungrateful: “not feeling or showing gratitude”

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3) Ungrateful People Need Jesus - Show Loving Kindness to Ingrates

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- And to help us faithfully endure these troubles, God gave us a very precious gift: psalms of lament. The Psalms are the prayers and hymns that God chose to teach us how to express ourselves to him in worship. They are God's word and the prayers of men, as Bonhoeffer says. And about one-third of them are laments. In these laments the writer pours out to God his sorrow (Psalm 137), anger (Psalm 140), fear (Psalm 69), longing (Psalm 85), confusion (Psalm 102), desolation (Psalm 22), repentance (Psalm 51), disappointment (Psalm 74), or depression (Psalm 88) either because of external evil or internal evil or darkness.” - Jon Bloom
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