

## How to Find Freedom from Fear

### 1. Submit to the Lord in S\_\_\_\_\_

1 John 4:18 "There is no fear in love, but perfect love casts out fear."

### 2. Seek the Voice of the Lord in the B\_\_\_\_\_

Psalms 34:4-7 "I sought the LORD, and he answered me and delivered me from all my fears."

### 3. Respond in Desperate & Dependent P\_\_\_\_\_

Matthew 14:29-33 "O you of little faith, why did you doubt?"

### 4. Take Captive Every Fearful T\_\_\_\_\_

2 Corinthians 10:5 "We destroy arguments and every lofty opinion raised against the knowledge of God, and take every thought captive to obey Christ"

### 5. Be Responsible to O\_\_\_\_\_

Joshua 1:7 "Do not turn from it to the right hand or to the left, that you may have good success wherever you go"

Galatians 5:22-23 "But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, [23] gentleness, self-control; against such things there is no law. (ESV)

"When anxiety strikes and blurs our vision of God's glory and the greatness of the future that he plans for us, this does not mean that we are faithless, or that we will not make it to heaven. It means our faith is being attacked." John Piper

### 2020 Bible Reading Plan: The New Testament!!!

*Will you join us? IN FELLOWSHIP WITH SOMEONE?*

### Week #12: 1 Thessalonians 3-5 & 2 Thessalonians 1-2

"Come back to the Bible. Begin to read it.

Study it & God will speak to you and change you." Billy Graham

## Faith Over Fear

Joshua 1:7-9 "Only be strong and very courageous, being careful to do according to all the law that Moses my servant commanded you. Do not turn from it to the right hand or to the left, that you may have good success wherever you go. [8] This Book of the Law shall not depart from your mouth, but you shall meditate on it day and night, so that you may be careful to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success. [9] Have I not commanded you? Be strong and courageous. Do not be frightened, and do not be dismayed, for the LORD your God is with you wherever you go." (ESV)

### What is fear?

"Worry is momentary atheism crying out for correction by trust in a good, sovereign God. Suffering breaks self-reliance."

Randy Alcorn

### What is faith?

"Half our fears arise from neglect of the Bible."

Charles H. Spurgeon

### Is some fear good?

*Warranted Fear*

Hazards - Dangers - Foolishness

*Unwarranted Fear*

[www.trustworthyword.com/what-does-the-bible-say-about-worry](http://www.trustworthyword.com/what-does-the-bible-say-about-worry)

## What are the most common fears?

### Fear of D\_\_\_\_\_.

- After Death, Timing and Manner of Death, Process and Pain of Death
- "And which of you by being anxious can add a single hour to his span of life? If then you are not able to do as small a thing as that, why are you anxious about the rest?" Luke 12:25-26

### Fear of M\_\_\_\_\_.

- Rejection, People Pleasing, Loneliness, Popularity, Belonging
- "For am I now seeking the approval of man, or of God? Or am I trying to please man? If I were still trying to please man, I would not be a servant of Christ." Galatians 1:10
- "The Lord is my helper; I will not fear; what can man do to me?" Hebrews 13:6

### Fear of F\_\_\_\_\_.

- Finances, Rejection, Marriage, Parenting, Work
- "This Book of the Law shall not depart from your mouth, but you shall meditate on it day and night, so that you may be careful to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success" Joshua 1:8

### Fear of S\_\_\_\_\_.

- demonic, unseen spiritual realm
- 1 John 4:4 "Little children, you are from God and have overcome them, for he who is in you is greater than he who is in the world."

### Fear of the F\_\_\_\_\_.

- unknown, uncontrollable
- "I tell you, do not be anxious about your life" Matt6:25
- "Why do you call me 'Lord, Lord,' and not do what I tell you?" Luke 6:46

"do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus." Philippians 4:5-7

## Why is Fear So Dangerous?

### It Pulls Us from the Presence of Jesus

Luke 10:39-42 "And she had a sister called Mary, who sat at the Lord's feet and listened to his teaching. [40] But Martha was distracted with much serving. And she went up to him and said, "Lord, do you not care that my sister has left me to serve alone? Tell her then to help me." [41] But the Lord answered her, "Martha, Martha, you are anxious and troubled about many things, [42] but one thing is necessary. Mary has chosen the good portion, which will not be taken away from her." (ESV)

## Freedom is Found in...

### Fear of G\_\_\_\_\_.

- Unbeliever - under God's wrath
- Believer - seeing God for Who He Is
- Proverbs 1:7 "The fear of the LORD is the beginning of knowledge."
- Hebrews 12:28-29 "Therefore let us be grateful for receiving a kingdom that cannot be shaken, and thus let us offer to God acceptable worship, with reverence and awe, [29] for our God is a consuming fire."
- Psalm 34:7 "The angel of the LORD encamps around those who fear him, and delivers them."

"God gave us a spirit not of fear but of power and love and self-control." 2 Timothy 1:7

# Faith Over Fear

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## Fear of Failure

- Finances, Rejection, Marriage, Parenting, Work
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## Fear of Satan

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## Fear of the Future

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### **Freedom is Found in... Fear of God**

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- Believer - seeing God for Who He Is
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### **3. Respond in Desperate & Dependent Prayer**

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