

Week 19 – Questions to Consider

Psalm 55 ~ Psalm 56 ~ Psalm 57 ~ Proverbs 12:15-28

Small Group Warm Up Question:

How can you free up more time in your day?
Where are you wasting time?

1. When you start talking with someone, what are ways you may be able to distinguish someone who is wise versus foolish? How do you respond when someone you consider foolish approaches and engages you in conversation? How do you respond when someone you consider wise approaches and engages you in conversation?
2. What stands out to you from Proverbs 12:15-19? How has God changed your speech since you became a Christian? How do you hope to mature with your speech in the future?
3. What are some signs and symptoms of laziness/sloth in someone? What are some signs and symptoms you might observe in someone who is diligent or hard-working? (Proverbs 12:24, 27)
4. Do you agree or disagree that “anxiety in a man’s heart weighs him down” (Proverbs 12:25)? What sort of situations and scenarios stress you out? What techniques have helped you to deal with stress?
5. Have you ever been betrayed by a close friend? What did that feel like? What does it feel like now? Why was it so difficult? How did God get you through it?
6. Read David’s description in Psalm 55:12-15 & 20-21. Can you relate with David’s prayer? What sort of scenarios would make you want to pray this way? Although we do not know a specific person that David is praying against, we do know that he was betrayed by his son Absalom and his counselor Ahithophel in horrendous ways (2 Samuel 15:1-12, 16:15-23).
7. How would you describe your prayer life? What time of day do you find best to pray? David describes praying “evening and morning and at noon” (Psalm 55:17). What are some advantages and disadvantages you’ve found to a prayer time at morning, mid-day, and evening? What are some ways we can be more intentional to pray throughout the day?
8. David obviously was dealing with a significant burden in this Psalm. What burdens you most? How can you better “cast your burden on the Lord” and “trust” in Him while you wait? (Psalm 55:22-23)

More questions @ www.southfork.church/psalms-proverbs-discussion-guide

A Recipe for a Godly Woman

Proverbs 31:10–31

v.10 “An excellent wife who can find?
She is far more precious than jewels.”

Mother’s Day 2023

South Fork Baptist Cookbook 2022:

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Who is a woman?

What is godliness?

A Godly Woman is... **Dependable (One Pound)**

- **With Needs** [11] The heart of her husband trusts in her, and he will have no lack of gain.
- **With Wisdom** [26] She opens her mouth with wisdom,
- **With Reputation**
 - **...that overflows to her family** [23] Her husband is known in the gates when he sits among the elders of the land.
 - **...that gives her confidence** [25] Strength and dignity are her clothing, and she laughs at the time to come.

A Godly Woman is... **Proactive (One Cup)**

- **Taking Initiative** [13] She seeks wool and flax, and works with willing hands.
- **Planing Ahead** [21] She is not afraid of snow for her household, for all her household are clothed in scarlet.
- **Thinking Intelligently** [18] She perceives that her merchandise is profitable.

A Godly Woman is... Consistently Caring (Stir)

- **For Herself** [22] She makes bed coverings for herself; her clothing is fine linen and purple.
- **For Her Family** [12] She does him good, and not harm, all the days of her life. ... [27] She looks well to the ways of her household and does not eat the bread of idleness.
- **For The Needy** [20] She opens her hand to the poor and reaches out her hands to the needy.
- **With Her Words** [26] and the teaching of kindness is on her tongue.

A Godly Woman is... Hardworking (Knead)

- **Living with Purpose** [14] She is like the ships of the merchant; she brings her food from afar.
- **Loving Others More than Her Sleep** [15] She rises while it is yet night and provides food for her household and portions for her maidens. ... [18] Her lamp does not go out at night.
- **Wisely Investing Her Treasure, Talent, & Time** [16] She considers a field and buys it;
- **Taking Action** [16] with the fruit of her hands she plants a vineyard. ... [19] She puts her hands to the distaff, and her hands hold the spindle. ... [24] She makes linen garments and sells them; she delivers sashes to the merchant.
- **Caring for Herself Physically** [17] She dresses herself with strength and makes her arms strong.

A Godly Woman is... Praise-worthy (A Pinch)

[28] Her children rise up and call her blessed; her husband also, and he praises her: [29] “Many women have done excellently, but you surpass them all.” ... [31] Give her of the fruit of her hands, and let her works praise her in the gates.

Above all, a Godly Woman... Pursues Jesus

[30] Charm is deceitful, and beauty is vain, but a woman who fears the LORD is to be praised.

Ladies

- 1) Find Your Identity in Jesus
- 2) Honestly Assess Yourself
- 3) Follow God’s “Recipe” for You
- 4) Enjoy the Process

Men

- 1) Thank God for Your Ladies
- 2) Pray for Your Ladies
- 3) Protect Your Ladies with Your Encouragement
- 4) Help Your Ladies

This Next Week’s Psalms & Proverbs Reading Plan:

- Week 20: Psalm 58 ~ Psalm 59 ~ Psalm 60 ~ Proverbs 13
- **Hope & Purpose in Jesus:** www.southfork.church/jesus
- **Daily Verse by Text Message:** remind.com/join/sfbcdevo
- **Our Plan:** www.southfork.church/2023-bible-reading-plan

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